



AB379 Fact Sheet

In January 2019 Assemblyman Brian Maienschein, 77th District, introduced AB 379 to extend the sudden cardiac arrest prevention protocol in effect for school-sponsored sports activities to community youth sports programs. Co-sponsored by the Eric Paredes Save A Life Foundation and the California Athletic Trainers, this bill was passed by the California State Legislature and will take effect January 2020.

Currently, AB 1639 (2015), the Eric Paredes Sudden Cardiac Arrest Prevention Act enacted new SCA prevention protocol for school-sponsored athletic activities.

Further, AB 2007 (2016) requires youth sports organizations to follow certain concussion protocol that helps to educate families about head injuries, train coaches about best practices for head injuries and protect young athletes suspected of having a concussion.

AB379 now requires the same protocols used for concussions in youth and high school sports to be used to help protect young athletes participating in school and community youth sports organizations from sudden cardiac arrest—the #1 killer of young athletes. **Community youth sports organizations include an organization, business, nonprofit entity, or a local governmental agency that sponsors or conducts amateur sports competitions, training, camps, or clubs in which persons 17 years of age or younger participate.**

Compliance with the law includes:

- All youth sports leagues, camps and clubs must immediately remove an athlete from an athletic activity who faints, or who is suspected of experiencing warning signs that appear to be cardiovascular related until the youth can be cleared to play by a licensed health care provider trained in the management of cardiac conditions.
- Parents and youth annually review information about warning signs and risk factors of sudden cardiac arrest and how to respond to a cardiac emergency.
- Administrators, coaches and sports officials complete a sudden cardiac arrest prevention training course.

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Supporters include: Association of California School Administrators, Boys & Girl's Club, California Association for Health, Physical Education, Recreation and Dance (CAHPERD), California Orthopedic Association, California PTA, California School Nurses Organization, California State Association of Counties, Children's Cardiomyopathy Foundation, Cardiac Science, City of Beverly Hills, City of Culver City, City of Los Angeles, City of San Diego, County of San Diego, Consumer Attorneys of California, Coyote Valley Band of Pomo Indians, Habematolel Pomo of Upper Lake, Heartbeat of Champions Foundation, LA Galaxy, Middletown Rancheria of Pomo Indians, Los Angeles Unified School District, Olivia's Heart Project, Parent Heart Watch, Revive Solutions, Saving Hearts Foundation, San Diego State

Resources

Search: AB379 or Sudden Cardiac Arrest

Eric Paredes Save a Life: <https://epsavealife.org/law/law-ab-379>

Simons Heart: <https://simonsheart.org>

VIA Heart Project: <https://viaheartproject.org>

Saving Hearts: <https://savingheartsfoundation.com>

Online Trainings Offered:

- National Alliance of Youth Sports (NAYS) offers FREE online trainings for Bullying Prevention Training, Concussion Training and Sudden Cardiac Arrest Training.
<https://www.nays.org/additional-training/>
- Eric Paredes Save a Life = 10-minute online training (printable certificate included) This will take you to the NFHS website for training (see link below).
- National Federation of High Schools (NFHS) or <https://nfhslearn.com>
Search: Sudden Cardiac Arrest = 10-minute online training (printable certificate included)