

Let's wake up the holiday happiness!

Powerhouse Ministries Senior Gift Bag Program

Since 2017, our community has stepped up to serve hundreds of seniors in need. Covid has made these situations even more intense. We've already identified 300 seniors experiencing isolation, health issues or are homebound and we've come up with a SAFE and SIMPLE way to give this Christmas! It's the Senior Gift Bag Program!

How does the program work?

Families, students, organizations and businesses create individual gift bags. Referring agencies pair seniors with our program and our team delivers the bags.

What goes in a bag?:

Check out the list of suggested items on the back of this flyer. Seniors also appreciate handwritten notes and pictures and we ask for you to include a self addressed stamped envelope so the senior can write a thank you.

Bag Pick Up

Pick up your bag with complete shopping instructions at
Powerhouse Ministries, 311 Market Street, Folsom
Mon-Thurs 9-noon.

*****Return Bags to Powerhouse by Dec. 7th.*****

Need info: amy@phmfolsom.org, 916-983-0658

Powerhouse Ministries
LIGHT UP THE DARK



www.phmfolsom.org / Office: 916.983.1214
PO Box 1611, Folsom, CA 95630 / Fax: 916.983.1181

Folsom Senior Holiday Gift Ideas

ITEMS SHOULD BE NEW & UNWRAPPED

ITEMS SHOULD BE GENDER NEUTRAL

FOR THE HOME

Nightlight
Small laundry detergent
Plastic Cups/Glasses
Kitchen Towels
Bathroom Hand Towels
Dish Sponges
Liquid Hand Soap
Sanitizing Wipes/Sanitizer
Room Air Freshener

OFFICE SUPPLIES

Pens
Writing Pads
Stamps
Stationary
Tape
Sticky Notes
Paper Clips

TOILETRIES

Shampoo/Conditioner
Combs/Brushes
Liquid Bath Soap
Body and Hand Lotions
Lip Balm
Long Handled Brushes/Loofas
Nail Clippers/Nail Files
Toothbrush/Toothpaste
Bath Mat

MISC. IDEAS

Non Slip Socks
Deck of Cards
Fanny Pack
Large Print Books/Puzzles
One Size Fits All Slippers
Scarves/Winter Hats
Coin Purse
Small Christmas Gifts

Please DO NOT include:

Food, candy, crayons, yarn, sharp objects, hotel toiletries or heavily scented items.

Please DO include:

Handwritten cards, notes and drawings/artwork.